

Pre

Two minutes until the LWHC Health and Wellness Net.

The Optional Question of the Day will be _____

This is Name & Call standing by for net.

Net:

Good morning! This is Name & Call here, transmitting from Location, Washington. And this is the Lake Washington Ham Club Health and Wellness Net for Day & Date.

This net meets daily 7 days a week at 11 am to provide a daily “check-in” for our members and other hams who can reach us.

We have 4 linked repeaters, on 4 amateur bands, located on Rose Hill in Kirkland, WA. You can find all the information you’ll need to join us by going to our website lakewashingtonhamclub.org, and clicking on the repeater tab. There you’ll find the frequencies, offsets and tones as well as Echolink and Allstar information.

This is a directed net, so all traffic will come through me. This net is open to all stations holding a valid Amateur Radio License and we welcome 3rd party traffic. Please let us know if this is your first check in on our net, or if it’s your first amateur radio contact. Also please keep your reports G-rated as there are hams of various ages who participate and listen to this net. Please avoid controversial subjects.

When I ask for traffic, please check in one at a time your callsign and name. Please speak slowly and phonetically as I am logging each entry. Please avoid tailgating and quick keying as each station will be acknowledged individually. Once I have logged several callsigns, I’ll return to each station to give a report. Once that list is done, I will continue to build further rounds of check-ins. Before keying up and giving your report, please wait for the repeater to drop the carrier. You will hear the courtesy tones and then 2 seconds later the carrier will drop. I’ll demonstrate that now.

When you give your report, please limit the length of your report to 3-minute segments, as that is when the repeater times out. The real-time monitor on our website’s repeater page comes in handy here, as it will show how long you, and others, have been transmitting.

Today's optional question of the day is _____
And of course, please share with us anything you've been up to lately.

We are now ready to start the first round of check-ins, so please come ahead now with your name and call.

ANNOUNCEMENTS AFTER 1ST ROUND OF CHECK INS.

CLOSING:

I'd like to thank all who participated in the net today. It was wonderful to hear from all of you and hear what you had to share.

We have nets every day at 11 am pacific. We also have 3 evening nets: a Tuesday Evening social net at 7pm, a Wednesday evening Louie Net (recycle, reuse, re purpose) at 7pm, and don’t forget our informal round robin net on Friday evenings at 7pm. Finally, I’d like to thank the LWHC for use of their repeaters. This net is now closed, at time, and the repeaters are returned to normal operations.

73 to all, this is Call signing off.